Recommended toothprints® Technique and Update Schedule

**Age 3-5**

Initial Impression

Ages 3 to 5 or after all primary teeth have erupted

(After softening, you can ‘squeeze’ wafer on both side to make smaller for smaller mouths)

- Area 1
- Area 2
- Area 3

**Age 6-10**

Update

Ages 6 to 10 or after the upper and lower incisors and the first permanent molars have erupted

**Age 11-14**

Update

Ages 11 to 14 or after all permanent teeth, excluding 3rd molars have erupted

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